

TOP DOCTORS® SPOTLIGHT

SEPIA MODERN PRIMARY CARE AND AESTHETICS

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Dr. Serina J. Lewis-Everett, MD realized healthcare often overlooked the individual behind the chart. So, she founded Sepia Modern Primary Care and Aesthetics to change this. Today, her family medicine practice blends primary care, aesthetics, and wellness to provide clinical excellence to her patients.

“Our work is rooted in intentional, unhurried care. Nothing inspires me more than witnessing transformation—when patients feel restored, seen, and empowered.” She continued, “Establishing a practice where medicine and aesthetics intersect, allows us to support both inner health and outward confidence, which is deeply fulfilling.”

Vision, precision, and consistency is paramount to achieve success in this field. Dr. Lewis shared, “Building Sepia required courage to challenge traditional systems and the discipline to execute a model that blends medical excellence, aesthetics, and concierge-level service seamlessly.”

Drawing patients from the surrounding Baltimore and DC area, the practice offers a seamless blend of high-touch primary care and refined aesthetic services within an environment rooted in sophistication and community. Beyond one-on-one appointments, Sepia hosts curated wellness and aesthetics events, educational forums, and intimate patient experiences designed to inform and inspire the community. Growing a trusted, physician-led practice rooted in education, prevention, and elevated patient care is how Sepia courageously redefines what it means to be well.

Leading with a “design the care you would want to receive” philosophy, Dr. Lewis has taken a deep passion in elevating how modern healthcare is to be experienced. Through podcast appearances, editorial features and the selfless act of writing a book, she is excited to continue educating others about the importance of intentional care.

