



PHOTOGRAPHY BY ELI TURNER PHOTOGRAPHY



# SERINA LEWIS-EVERETT, MD

FOUNDER & FAMILY MEDICINE PHYSICIAN  
**SEPIA MODERN PRIMARY CARE AND AESTHETICS**

757 FREDERICK ROAD, SUITE 204,  
CATONSVILLE, MD 21228  
410.929.1335  
SEPIAMODERNPRIMARYCARE.COM  
@SEPIADMV

**What inspired you to enter the health and wellness space, and how has your mission evolved since you began?**

I was inspired to enter the health and wellness space after witnessing how a rushed, insurance-driven system underserved high-achieving professionals. As a physician, I knew medicine could feel more intentional and elevated. When I founded Sepia Modern Primary Care, my vision was to create a refined, relationship-centered practice where patients feel seen, not processed. Over time, my mission has evolved into helping ambitious individuals in the DMV protect their health with the same strategy and care they apply to their careers and families.

**How would you describe your approach when working with clients or patients?**

My philosophy is rooted in unhurried excellence. I believe healthcare should feel private, thoughtful, and highly personalized. What sets Sepia apart is our modern direct primary care model, paired with wellness and aesthetic services, that allows patients to receive comprehensive care under one roof without fragmentation.

**What signature service are you best known for—and why do clients keep coming back for it?**

We are best known for our membership-based primary care combined with metabolic, aesthetics, and longevity optimization, such as hormone replacement therapy. My patients value direct physician access, extended visits, and data-driven plans that enhance both performance and long-term vitality.

**What's one treatment or service clients can't get enough of, and what makes it so effective?**

Our medically supervised weight-loss and metabolic-optimization program with hormone replacement is especially popular because it is structured, personalized, and delivers sustainable results.

**"WE HELP AMBITIOUS INDIVIDUALS PROTECT THEIR HEALTH WITH THE SAME STRATEGY AND INTENTION THEY APPLY TO THEIR CAREERS AND FAMILIES."**